



THE FLASH

A monthly newsletter published by the

CHATHAM SENIOR CENTER www.chathamcoa.com

193 Stony Hill Road • Chatham, Massachusetts 02633 • (508) 945-5190

Mandi Speakman, Director

AUGUST 2018

Vol. 49 No. 8



MARGARITAVILLE LUNCH & CONCERT

Monday, August 20, 12 pm (\$9)

Come waste the day away at the COA Margaritaville concert! Enjoy a Jimmy Buffett tribute performance by local musician and performer Harry French.



Harry regularly plays venues on Cape Cod, Boston, and the Florida Keys. Buffett's music is widely known for its focus on the island lifestyle. Songs like Margaritaville and Cheeseburger in Paradise made him an icon—now you can enjoy them performed live right here at the Senior Center!

For lunch we'll be serving Jamaican Jerk Shrimp, Chicken and Vegetable Kabobs with a Tropical Fruit Salsa, Caribbean Sweet Potato Salad, and Key Lime Pie for dessert

Reservations are required; Transportation is available. Call 508-945-5190 to reserve your spot!

LUNCH AND MUSICAL MELODIES

Monday August 13th at 12pm (\$7)

Join us for a gourmet lunch and enjoy musical melodies as our special guest, Glenn Starnar-Tate "tickles the ivories" for you! Glenn has generously donated his time and talents for this special performance for us. He has performed onstage roles, been musical director and performance pianist for productions at a number of local theaters. BUT, his favorite venue is playing piano for social gatherings, which allows him to roam free in a repertoire that's been growing since he was 5 years old growing up in Kansas.



He holds a Masters degree in Music Education from the University of Tulsa, has three piano CDs to his credit, enjoys coaching musicians to achieve their goals as performers and is the Minister of Music at the Federated Church of Orleans where he acts as pianist, organist, and choir director.

Lunch will be catered by Chatham Village Market! On the menu: Quiche, Mixed Greens Salad with balsamic dressing & assorted Brownies and Cookies for dessert.

Reservations are required; Transportation is available.

Call 508-945-5190 to reserve your spot!



"Spuds with Your Buds"

Monday, August 27, 2018 at 12 pm ~ \$5

Come to the COA where Sergeant Massey from the Chatham Police Department will show you how to take your run of the mill baked potato and turn it into a culinary masterpiece. Join us at our five star potato bar where once you top you won't stop!

Come for lunch and stay for the movie! The FREE COA Cinema will be screening "Chappaquiddick".

Don't miss out on the fun, reserve your spot today!
Reservations Required; Transportation Available
Lunch \$5; Movie FREE Call 508-945-5190



DAYTRIP DESTINATION: ORLEANS WEDNESDAY, AUGUST 8, 2018

1st Stop-Christmas Tree Shops: No matter the season, Christmas Tree Shops will thrill you with affordable prices on the latest trends in home goods and holiday decorations. Shopping at Christmas Tree Shops is always a bright idea thanks to their sales-worthy price tags.

2nd Stop-The Knack: as described by Cape Cod Times: "Every so often you come across a business that is doing every single thing right. The Knack in Orleans is one such place. Brothers Van and Michael Haidas decided to perfect the Cape Cod roadside stand and the choices they have made say a lot about the type of people they are. Every single thing on the menu is handmade in house using the best local ingredients they can find."

Final Stop: Leave room for dessert, we will head over to the **Local Scoop** for make your own Sundaes!!

**COST: Transportation is FREE! Shopping, Lunch and Dessert at your own cost.
RESERVATIONS REQUIRED. Space is limited. Call the COA at 508-945-5190 to register.
Bus Departs the COA at 10am.**

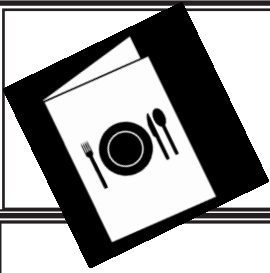


DAYTRIP Destination: Sagamore Market Basket Shopping & Early Lunch

Wednesday, August 22, 2018

Rated the best supermarket on Cape Cod for its selection, Market Basket prides itself on its "no zone pricing" philosophy which means the prices in the New Hampshire and New Bedford stores will be the exactly the same as those in the Sagamore store. Their weekly circular is available at: <http://www.mydemoulas.net/locations/massachusetts/bourne-market-basket/>

Bus departs the COA at 9:30 am. Café breakfast/lunch and other purchases are at the cost of the shopper. Transportation is FREE, space is limited. Call the COA at 508-945-5190 to reserve your spot.



MONDAY LUNCHEON at the Chatham COA Café at Noon
EAT IN or TAKE OUT

Reservations required by the Friday before: 508-945-5190

COA Café Gourmet Lunch

Includes bread basket, entrée, beverage & dessert

August 6th \$7

Pesto Crusted Cod with a Roasted Tomato Salsa, Garlic Bread, Caesar Salad and Summer Berry Shortcake for dessert

August 13th \$7 ~ with Pianist Glenn Starner-Tate

Quiche, Mixed Greens Salad with balsamic dressing, and assorted Brownies and Cookies for dessert.
(catered by Chatham Village Market)

August 20th \$9 ~ Margaritaville Party with Harry French

Jamaican Jerk Shrimp, Chicken and Vegetable Kabobs with a Tropical Fruit Salsa, Caribbean Sweet Potato Salad, and Key Lime Pie for dessert

August 27th \$5 ~ Spuds with Your Buds

Sergeant Bill Massey's Five Star Potato Bar

Call the COA Office for reservations and transportation: 508-945-5190

If you have a food allergy please advise the office when making your reservations and the Chef prior to being seated.

Enjoy SOUP TO GO

\$4/Pint

Available through the week while supplies last. Heat and enjoy at home, or stock up your freezer!

August 6th

Summer Gazpacho

August 20th

Caribbean Chicken Stew

Please see the COA receptionist for assistance.



COA Cinema FREE Movie Monday

August 6th at 1pm



"Finding Your Feet" Rated PG-13, Running time: 111 Min.

When "Lady" Sandra Abbott discovers that her husband of 40 years is having an affair with her best friend, she seeks refuge in London with her estranged, older sister Bif. The two could not be more different - Sandra is a fish out of water next to her outspoken, serial dating, free-spirited sibling. But different is just what Sandra needs at the moment, and she reluctantly lets Bif drag her along to a community dance class, where she starts finding her feet. Rated PG-13 for suggestive material, brief drug use, and brief strong language. This comedy romance stars: Imelda Staunton, Celia Imrie, Timothy Spall. Consider joining us for Luncheon before the movie. See page 3 for details. Reservations required. Transportation available.

Call the COA at 508-945-5190.





COA Cinema FREE Movie Monday

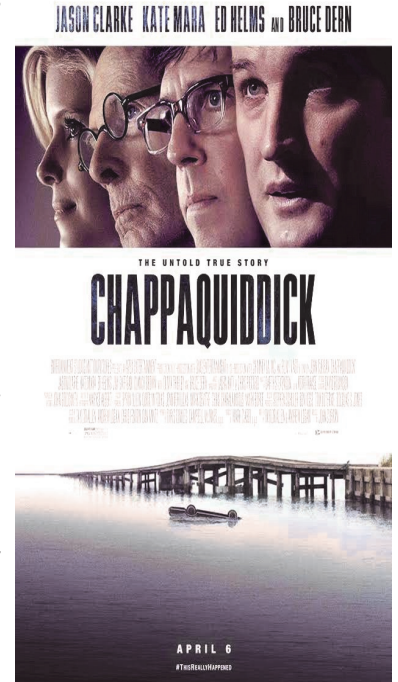


August 27th at 1pm

“Chappaquiddick” Rated PG-13, Running time: 101 Min.

The scandal and mysterious events surrounding the tragic drowning of a young woman, as Ted Kennedy drove his car off the infamous bridge, are revealed in the new movie starring Jason Clarke as Ted Kennedy and Kate Mara as Mary Jo Kopechne. Not only did this event take the life of an aspiring political strategist and Kennedy insider, but it ultimately changed the course of presidential history forever. Through true accounts, documented in the inquest from the investigation in 1969, director John Curran and writers Andrew Logan and Taylor Allen, intimately expose the broad reach of political power, the influence of America's most celebrated family; and the vulnerability of Ted Kennedy, the youngest son, in the shadow of his family legacy. Rated PG-13 for thematic material, disturbing images, some strong language, and historical smoking. Starring: Jason Clarke, Ed Helms, Jim Gaffigan. Reservations are required. Transportation is available. Consider joining us for lunch before the movie, for the Baked Potato Buffet. See the details on page 2.

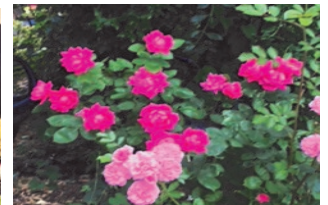
Call the COA at 508-945-5190



Recent Happenings...Look what you missed!

FUN at the daytrip to the Dunbar Tea Room Luncheon with a quick stop at the Daniel Webster Inn Gift Shop.

PLEASE JOIN US NEXT TIME!





TOWN OF CHATHAM

LOCAL EMERGENCY PLANNING AND PREPAREDNESS

KNOW YOUR RESOURCES

Chatham Emergency Management Information: www.chatham-ma.gov
(find Emergency Management under the “Departments” tab)

Barnstable County Emergency Planning Committee: <http://www.bcrepc.org>
(for information on Sheltering in Place and Regional Shelters)

HELPFUL PHONE NUMBERS:

- All Emergencies.....911
- Chatham Emergency Operation Center.....508-945-2625
- Chatham Police (**EMERGENCY only**).....508-945-1212
- Chatham Police (non-emergency).....508-945-1213 or 508-945-1217
- Chatham Fire (**EMERGENCY only**).....508-945-2323
- Chatham Fire (non-emergency).....508-945-2324
- Chatham Council on Aging.....508-945-5190

COA CLOSURE INFORMATION and WEATHER POLICY:

Council on Aging closure information will be posted online and on-air by the following radio stations: WQRC 99.9, WKPE 103.9, WOCN 104.7, WFCC 107.5 FM. If the Monomoy School System is closed due to weather, all COA activities including the bus are cancelled. If schools are on vacation, the COA Director will determine closures with safety in mind. The staff will be at the Senior Center to provide information and support, unless Town Hall is closed, in which case the Senior Center will close entirely.
















BASIC SUPPLIES TO HAVE ON-HAND AT HOME

- Flashlight, radio and batteries (NO open lit candles)
- Fuel for a generator (if you have one)
- Full tank of gas in the car
- Non-cordless phone and charged cell phone
- 3-4 day supply of food
- 1 gallon of water per person/per day (minimum of three days)
- 1 week supply of medication and other necessary equipment (such as oxygen)
- Pet food, water and supplies
- Basic first aid kit

SPECIAL ASSISTANCE PROGRAM

If you or other members of your household would require special assistance in the event of a power outage or an emergency evacuation, please complete and return this form now so special arrangements can be made in advance. The Special Assistance form is a preplanning form designed to supply Chatham Emergency Management with information to help assist you during an emergency. For more information or to enroll in the Special Assistance program contact Outreach at the Chatham COA at 508-945-5190 or visit www.chathamcoa.com and select “Forms”.

August 2018

Mon	Tue	Wed	Thu	Fri
<p>6. Scrabble 9:30am COA GOURMET CAFÉ: 12pm COA Cinema: 1pm "Finding Your Feet" PG-13</p>  	<p>7. SHINE 8:30am Friends of the COA Board 10:30am Fit, Fun & Fall Free 9:30am ESCCI Luncheon 11:30am Cribbage 2:00pm Tops 3pm</p>	<p>1. Blood Pressure 9-11am Attorney Wibby 10am July & Aug. Birthdays Celebration 2pm</p> 	<p>2. Fit, Fun & Fall Free 9:30am Men's Group 9:30am ESCCI Luncheon 11:30am Bridge 12:30pm Busy Fingers 1:30pm AFSC Support Group 2pm</p>	<p>3. Footcare 8-3:00pm Scrabble 9:30am</p> <p>Daytrip: Pleasant Bay Senior Sailing</p> 
<p>13. Scrabble 9:30am COA GOURMET CAFÉ: 12pm Luncheon by Chatham Village Market, and featuring the lively melodies of Pianist, Glenn Starner -Tate</p>  	<p>14. SHINE 8:30am Fit, Fun & Fall Free 9:30am ESCCI Luncheon 11:30am Cribbage 2:00pm Tops 3pm</p>	<p>15. Blood Pressure 9-11am Healthy Meals in Motion Pantry to People</p>  	<p>16. Fit, Fun & Fall Free 9:30am Men's Group 9:30am ESCCI Luncheon 11:30am Bridge 12:30pm Busy Fingers 1:30pm AFSC Support Group 2pm</p>	<p>17. Scrabble 9:30am Make your reservation for Monday's Musical Melodies Lunch & Show featuring luncheon from Chatham Village Market and Talented Pianist, Glenn Starner -Tate</p>
<p>20. Scrabble 9:30am COA GOURMET CAFÉ 12pm: Margaritaville Party featuring Popular Vocalist and Musician - Harry French</p>   	<p>21. SHINE 8:30am Fit, Fun & Fall Free 9:30am ESCCI Luncheon 11:30am Cribbage 2:00pm Tops 3pm</p>	<p>22. Blood Pressure 9-11am Daytrip: Market Basket Shopping & Lunch 9:30am</p> 	<p>23. Fit, Fun & Fall Free 9:30am Men's Group 9:30am ESCCI Luncheon 11:30am Bridge 12:30pm Busy Fingers 1:30pm</p>	<p>24. Scrabble 9:30am Make your reservation for Monday's Baked Potato Buffet and all the toppings!</p>
<p>27. Scrabble 9:30am COA Board 9:30am COA Baked Potato Buffet: 12pm COA Cinema: 1pm "Chappaquiddick" R</p>  	<p>28. SHINE 8:30am Fit, Fun & Fall Free 9:30am ESCCI Luncheon 11:30am Cribbage 2:00pm Tops 3pm</p>	<p>29. Blood Pressure 9-11am Attorney Lavender 10:30am Women's Wisdom 11am Hearing Screenings 2pm</p>	<p>30. Fit, Fun & Fall Free 9:30am Men's Group 9:30am ESCCI Luncheon 11:30am Bridge 12:30pm Busy Fingers 1:30pm</p>	<p>31. Scrabble 9:30am Fuel Assistance - Check next month's Flash for recertification information</p> 

Quick Peek: Your COA Monthly Offerings

Health Care Call 508-945-5190 for appointment
Blood Pressure Screening: Every Wed 9-11am
Foot Care: 8/3, 8-3:30pm \$35, Home visit \$55
Hearing Screenings: 8/29 2pm FREE

Free Caregiver Support

AFCSC Group with Molly Perdue 1st & 3rd Thursday of each month, 2-3:30pm. Register at 508-945-5190
COA Outreach: Call COA at 508-945-5190
LGBT Caregiver Support Group at Orleans COA; call 508-255-6333, ext. 16.

Other Support Services

Adult Day Program located at the Orleans COA serves residents of Orleans, Harwich, Chatham and Brewster. The program offers a safe environment for older adults with cognitive disabilities, those in need of socialization and provides respite for caregivers. Program offered Mon-Thu, 9:30-3pm. Transportation is provided by CCOA for Chatham residents. Call 508-255-6333.

Grandparenting Support Group- at Harwich Elementary School (Family Resource Center), 263 South St., with Kerry McCarthy. This is a confidential support group for parenting grandparents. Information or registration: Francie Joseph at 508-430-1692 or fjoseph@monomoy.edu.

COPD Support Group- At Orleans COA, Meets the 2nd Wednesday of the Month at 2pm, beginning March 14th. Call Georgette Keeler at 508-420-5302

Neuropathy Support Group- at the Orleans COA, call Kristina Meservey at 774-207-0153.

Parkinson's Support Group—10am on 3rd Weds. Monthly at St. Christopher's Church. All are welcome. Call Betty Magnusson at 508-945-1106 for more info.

Samaritan Safe Place-A support group that honors and respects the needs of those who have lost someone to suicide. 1st & 3rd Thurs Monthly @ Eldredge Public Library 7-8:30pm; call 508-548-7999.

SHINE—Serving the Health Information Needs of Everyone, by appointment call 508-945-5190.

Stroke Support Group-2nd Thur. monthly, 2-3pm at Liberty Commons; facilitated by the VNA of Cape Cod. Contact Steve Franco 508-945-4611 ext. 245

Vision Impaired Technology Assistance (VITAL) is available at the **Brooks Free Library**. This program offers free one-on-one instructions in the use of their access software programs to individuals with sight loss. Please contact the Brooks Free Library for more information at 508-430-7562.

Legal Services Call 508-945-5190 for appointment

Katherine Wibby: 8/1 (housing, government benefits, health law, guardianship, reverse mortgage, consumer issues)
Michael Lavender 8/29 (trusts, wills, estate planning)

Ongoing Events: For More Information and to Register Call 508-945-5190

Monday COA Café: Reservations required by the Friday before. See page 3 for details. Soup-to-go, \$4/pint while supplies last.

ESCCI Luncheon: Tue & Thu 11:30am, call 508-945-1783 at least one day ahead to sign up. \$3 donation suggested.

Men's Discussion Group: Thursdays at 9:30am

Busy Fingers Knit, Crochet & Needlework Group: Thursdays at 1:30pm

Bridge: Thursdays at 12:30 pm

Cribbage: Tuesdays at 1:30pm

Scrabble: Mon & Fri, 9:30am

Women's Wisdom: 8/29 at 11am

Free Lending Library: Upstairs at the COA

Low Cost Greeting Card Shop and Used Book Sale: pay at the front office

Transportation for Chatham Residents

Chatham COA van rides for Local Medical Appointments: 48 hours minimum notice required. Call 508-945-5190.

Chatham COA van rides for lunch: for Mon, 508-945-5190; for Tue & Thu lunch call 508-945-1783 at least one day ahead.

Chatham COA van rides for local errands & food shopping: Subject to availability. Call COA 48 hours ahead
Chatham COA van rides to the Orleans Supportive Adult Day Program: Call COA for details.

Other Transportation Resources

Cape Cod RTA: Dial a Ride Transportation Reservations between 8a-5p, Mon-Fri 1-800-352-7155

Cape Cod RTA, Boston Area Hospitals: For information & reservations call 1-800-352-7155, Mon-Fri, 8 am-5 pm.

FISH Transportation: Medical appointments only, for Chatham residents. Call Monday-Friday between 9:30-12:30 at 508-945-4611. Provide at least 48 hours' notice..

Nauset Neighbors: A membership organization where "One Call Does It All." Call 508-514-7067.

www.nausetneighbors.org

**MOBILE DENTAL
HYGIENE SERVICES**

Offered at the Chatham
Community Center

*will be on hiatus for
the Month of August.*

Please check back in
September for the
FALL DATES AND
TIMES.

Dental Cleanings
Screenings
Sealants
Fluoride
Denture Care

We Accept MassHealth

Convenient
Friendly
Affordable



CHATHAM MEN'S CLUB

The Chatham Men's Club meets on Fridays from October-May, at the Chatham Community Center. Meetings start at 1:30pm. Membership is open to men living in Chatham or who are local taxpayers. For more information, call Bill Leigh at 617-775-3594.



COA LIBRARY CORNER



Browsing the shelves in our library on the second floor of the COA building, it becomes obvious that books in large print are indeed diverse in their content. There are many Reader's Digest copies and novels by well known authors such as Kristin Hannah and Fern Michaels. But did you know that there are mysteries by Sue Grafton? "Q" and "S" of her series are there for your eyes that need a little help.

If anyone using the large print books has a favorite author and would like us to get a specific book, the Friends will be glad to add it to our shelves, if it is available in Large Print. Keep on reading ! It is a wonderful way to expand your world.

FREE CHILDREN'S BOOKS!

Reading options for young visitors and family members are now available in the Library. Take home, keep or return as you wish. These donated books are for you and your young visitors to enjoy together. No need to sign out or return them. Just find one and share the joy of reading with the next generation. Donations of

Free to the Public

The Program Includes

- Free blood pressure and blood sugar testing/ monitoring offered at the Family Pantry of Cape Cod every Tuesday 9:30am - 11:30am with a Barnstable County Public Health Nurse.
- Free recipes, food samples and ideas for healthy eating provided by a nutrition educator. Fresh fruits/vegetables provided to each participant weekly.
- Complete confidentiality for every participant - weekly participant is encouraged, but not mandatory.
- This program is open to the general public, you do not have to be a client of the Pantry to participate.

Nutritious Foods = Healthy Communities

The Family Pantry of Cape Cod, in partnership with the Barnstable County Public Health Nurses, is looking to explore the impact of nutrition and healthy eating on diabetes and hypertension.

**This program is sponsored by The Family Pantry of Cape Cod
133 Queen Anne Road
Harwich, MA 02645**

IF YOU ARE CURRENTLY IDENTIFIED AS PRE-DIABETIC OR YOU'RE BEING TREATED FOR DIABETES OR HIGH BLOOD PRESSURE YOU'RE ELIGIBLE TO PARTICIPATE IN THIS FREE PROGRAM



SHINE NEWS...

****Hospital Observation Stays and Original Medicare****

Hospitals often admit patients under observation status. Patients under “observation” are considered outpatients even though they may stay in a hospital bed for many days. For those with Original Medicare, outpatient stays at a hospital could result in increased costs. For instance, Medicare requires a three-day inpatient stay at a hospital before it will pay for any stay in a skilled nursing facility and time spent under “observation” in a hospital will not count toward that three-day minimum.

In addition, a Medicare Supplement (Medigap) **will not** cover any of the costs of the skilled nursing care if Medicare has not paid first. So patients with Original Medicare who have been under observation status, whether they have a Medigap or not, must decide whether to pay out-of-pocket for the medically necessary rehab/skilled nursing care, or cut care short and return home, because they are unable to cover the costs.

Medicare Advantage plans (HMOs, PPOs) **will** cover costs of skilled nursing facility care, if it is medically necessary, because they do not have a three-day minimum in a hospital stay requirement. However, in a Medicare Advantage plan, skilled nursing facility services are subject to co-payments, which can be substantial.

SHINE (**S**erving **H**ealth **I**nsurance **N**eeds of **E**veryone...on Medicare) volunteers offer free, confidential counseling on all aspects of health insurance to anyone on Medicare. Please call the Chatham COA at 508-945-5190 to schedule a SHINE appointment.

Eating Leafy Greens May Help Preserve Memory (Mayo Clinic, July 2018)

Popeye and his cans of spinach aside, most leafy greens aren’t commonly thought of as “super foods.” However, new research suggests that salad staples such as spinach, kale, collard greens and other types of lettuce may be super foods when it comes to preserving memory and brain function.

The study published in *Neurology* on Jan. 16, 2018, involved 960 adults with an average age of 81. At the study onset, all participants were free of any form of dementia, including Alzheimer’s disease, and had detailed nutritional assessments. Participants took part in periodic cognitive assessments over about five years to determine thinking or memory changes.

- When the data were analyzed, those ate mostly leafy greens were equivalent to about 11 years younger in terms of age related cognitive decline than were those who rarely or never ate leafy greens. This finding adds to other studies that have suggested a similar link.
- Those who ate the mostly leafy greens were consuming one to two servings of leafy greens daily. In the study, a serving equaled one cup of raw, shredded greens or a half cup cooked greens. The study was inclusive regarding which specific nutrients in leafy greens were associated with the greater benefit. Rather, it appeared that it’s possible that it’s the mix of nutrients found in greens working synergistically that has beneficial effects on the brain.

It’s always difficult to prove cause and effect with nutrition studies. However, there’s overwhelming evidence that consuming daily servings of a wide variety of vegetables – including leafy greens – is part of an optimal dietary foundation for good overall health and weight maintenance.

Happy and Healthy Summer Days!
Charlie Altieri, RN, Public Health Nurse



**VISITING NURSE ASSOCIATION
OF CAPE COD**

Member Cape Cod Healthcare

Poetry Corner



Credo - The Glass Half Full

I once believed in fairy tales
And princes on white horses.
That right would triumph over wrong
Good beat the evil forces.

It wasn't until the age of ten
I learned that princes were just men
(And what made it even worse
No one I knew owned a white horse!)

Evil does not go away;
The Devil sometimes wins the day,
But one belief I still defend,
Good WILL triumph in the end.

~ Maris Childs

COA CARD CORNER

Greeting Cards for all occasions are on sale at the COA. Don't forget to pick up that Special Card!
The cards range in price from \$.25 to \$1.75.

Please stop by and pick up cards for every special event!



MISSION STATEMENT

Since its inception in 1974, the Chatham COA has worked to unify the community in enriching the lives of our over 60 population and those who are caregivers. We offer a wide range of programs and services which are health and wellness oriented and which promote congenial, social and educational opportunities. As a dynamic organization the COA must work in these times to meet the evolving needs of Chatham's over 60 population. ***We support Chatham residents age 60 and over with a range of health and wellness, social, educational and outreach programs and services to enhance the quality of their lives. We welcome the support of Chatham residents of all ages to promote our mission through community service and resource development.***

COA DISCLAIMER

The Chatham Council on Aging (COA) promotes programs and opportunities for patrons of the Chatham Senior Center to receive legal, financial, medical, recreational and other services or activities by volunteers or nominal cost practitioners. Seniors participating in these services or activities do so with the understanding that the COA, the Town of Chatham and/or its employees do not assume any legal or other responsibility for any advice or services rendered by such volunteers or nominal cost practitioners.

SUPPORT YOUR FRIENDS OF CHATHAM COA!

Please make checks payable to: The Friends of Chatham COA, 193 Stony Hill Road, Chatham MA 02633
(Support gifts are tax deductible to the extent allowed by law.)

Name _____ Phone _____
Address _____
Email _____

The Friends of the Chatham Council on Aging is a 501(c)3 non-profit organization that exists for the sole purpose of supporting the programming and the services of the Chatham COA. Your Support is Greatly Appreciated.
Thank You!

Chatham Council On Aging & Senior Center
193 Stony Hill Road, Chatham MA 02633
508 945-5190, Fax 508 945-5198, www.chathamcoa.com

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From the Director's Desk...A message from the Chatham Board of Selectmen

Board of Selectmen to Pursue Town-owned Properties for Potential COA Site Location

In an executive session of the Chatham Board of Selectmen on Monday July 2, 2018, the Board decided not to pursue any private property locations for the main siting of a new COA/Senior Center, and declined the two proposals received in response to the Town's recent Request for Proposals (RFP). Out of fiscal prudence, the Board decided it will explore several Town-owned properties, including the current location. The Board is committed to a public engagement process in selecting a COA location.

"The Board of Selectmen continued its thoughtful discussion of each RFP response, and deemed them not to be a better option, considering overall suitability for locating a new senior center, the availability of Town-owned property, and a desire to contain costs. The Board felt that there was no need to expend significant funds to acquire private property as an overall site. Town staff have identified town-owned properties for consideration to site a new center, including the existing COA center site, and have been directed to test-fit them for suitability. We looked forward to bringing them for consideration to the public for discussion, at a Board meeting, in the near future, after we hear back from staff," stated Chairman Dean Nicastro. He added, "We will also welcome the continuing engagement of the Council on Aging, the Finance Committee, and the Summer Residents Advisory Committee on this matter as we look to come up with the best available end-result for a new center for our seniors."

The Project Process Overview and all previously reviewed presentations and materials are available at www.chathamcoa.com.

